



The impact of clinical evidence

Medela developed the Symphony® breast pump to support mothers through the key stages of lactation, starting from when their infants are born. The time between birth and secretory activation (milk 'coming in') is critical for safeguarding future milk supply. **Early, frequent and effective expression during this time is crucial for successful initiation!** When breastfeeding is not effective or possible before the onset of secretory activation, mothers should use the INITIATE program to activate milk production alongside establishing breastfeeding.

Symphony® is the ONLY breast pump with exclusive Initiation Technology™, backed by extensive clinical evidence:

Doubles the number

of mothers coming to volume²⁻⁴

50% more milk

Mothers who use INITIATE* have significantly more milk within the first 14 days after birth²

Every drop counts

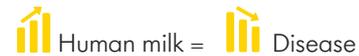
The more human milk an infant receives each day, the lower the risk of disease⁵

Increasing the dose = improving early and long-term life outcomes

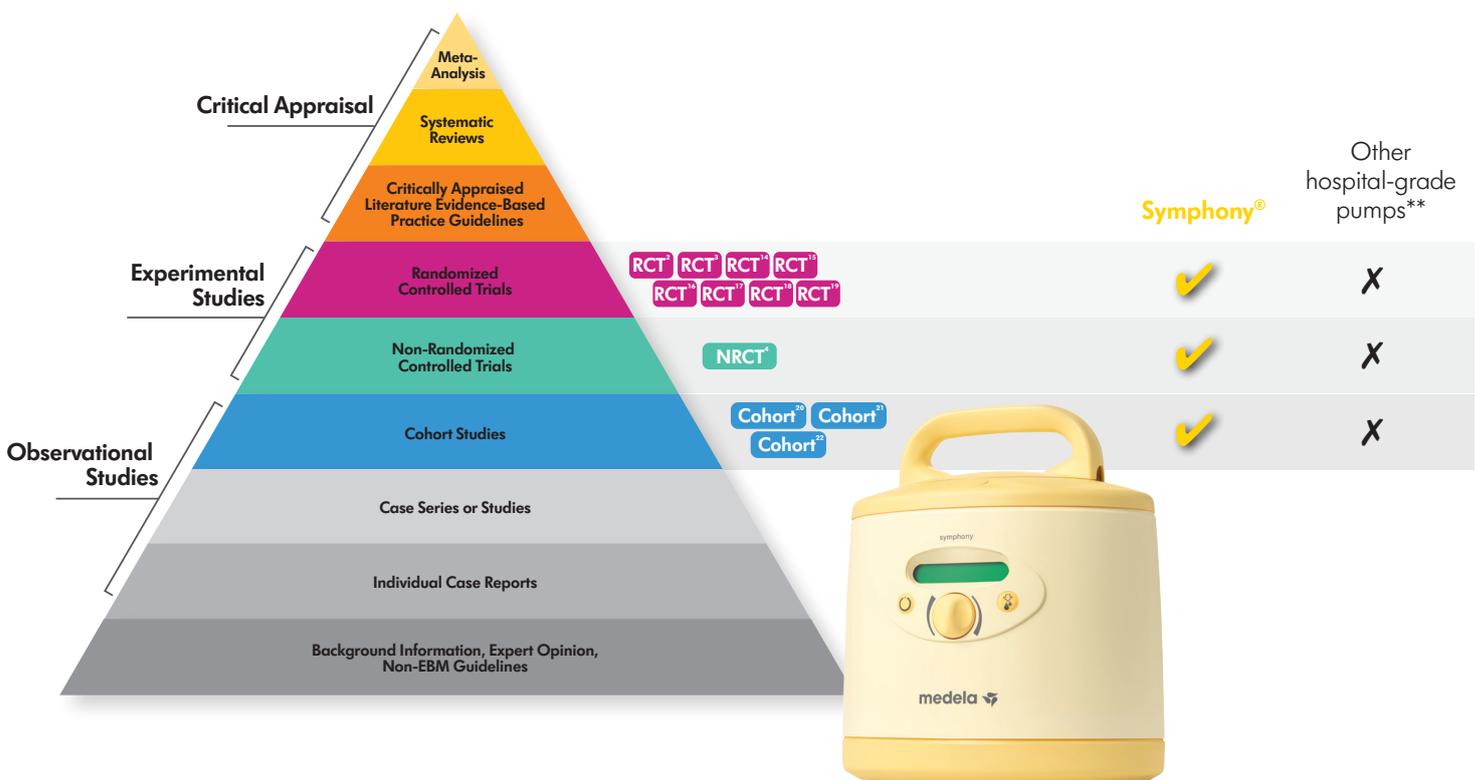
Dose-response relationship

Increasing doses of human milk results in decreased risk of obesity,⁶ childhood cancers,⁶ SIDS⁷ and many other diseases⁶ in the first year of life. Compared with formula feeding, human milk in the NICU reduces the risk of necrotising enterocolitis (NEC),⁸⁻¹⁰ sepsis,¹¹ BPD¹² and ROP.¹³

Each additional 10 ml/kg/day of own mother's milk reduces the NICU infant's risk of late-onset sepsis by 19%.¹¹ When preterm infants receive exclusive human milk = 6-10 x reduction in incidence of NEC.⁹



Symphony is the breast pump with the most and highest levels of evidence



*When using Initiation Technology™ followed by 2-Phase Technology, compared to 2-Phase Technology alone over the first 14 days after birth.

**Based on information available as of April 2024

Groundbreaking breast shield design

for more milk and more comfort



Medela's hospital pump sets for Symphony®

featuring its innovative oval breast shields with wider 105° opening angle are clinically proven to enable the delivery of more milk and provide more comfort.¹⁹ This improves the chances of infants receiving an exclusive human milk diet.

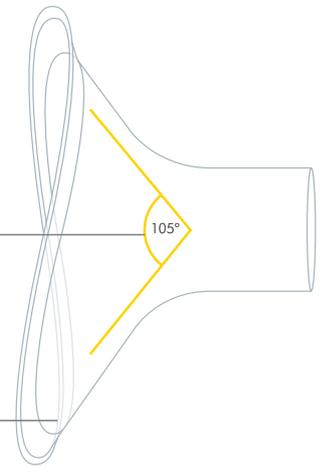
After 15 mins
of double pumping:

11% more milk¹⁹

4% more breast drainage¹⁹

Larger 105° opening angle,
designed to reduce compression
points on the breast¹⁹

Oval shape breast shield, found to
support a good seal and fit^{19,23}



The unmatched superiority of Symphony®

	Symphony®	Other hospital-grade pumps**
2-Phase Expression Technology	✓	✓
Initiation Technology™ – 50% more milk ^{2*}	✓	
Pre-set programs – easy to use	✓	
Evidence-based including 8 RCTs	✓	
Anatomical oval breast shield with 105° angle – more milk, more comfort ¹⁹	✓	

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